



Summer 2021 Services at FCU!

Our own FCU lay-led summer services (primarily TED Talks) will start on July 11th. The link will be the same each week (<http://tinyurl.com/FCUsummer>, which links to the Zoom meeting) except for August 1st, which will be the 18th Annual Joint UU Summer Service (see description below). **All services start at 10:00 a.m.**

See you Sunday!

Peace,

Lara

Rev. Lara



- 7/4** No Church (4th of July)
- 7/11** “**Reporting Back from GA**” with your GA delegates (Rev. Jackie Clement, Kris Erslund, and Lori Locascio) and Rev. Lara Hoke.
- 7/18** “**Why We Must Confront the Painful Parts of US History**”, TED Talk by Hasan Kwame Jeffries facilitated by Lori Grant (RJAC)
- 7/25** “**What’s So Funny About Mental Illness**”, TED Talk by Ruby Wax facilitated by Patti Sardella
- 8/1** The 18th annual Joint Summer Service of several area UU churches will be hosted this year by the Harvard Church via Zoom. The Zoom link information for the August 1st service will be posted on the Harvard church website (<http://uuharvard.org>) and also emailed a week in advance of the service. Rev. Jill Cowie, Minister at the Harvard Church, will lead the worship with the theme: “**Healing from Broken to Whole Together**”. Several ministers from participating churches will also take part in the service, including Rev. Lara. The offering will be donated to the UUSC. *All interested singers are invited to join Ted Johnson, Music Director at Harvard, for a live, in-person rehearsal and recording session on Saturday, July 17th starting at 9:00 AM. The pick-up choir will rehearse and record two anthems in the church sanctuary. An optional Friday evening “learning rehearsal” will also be offered on July 16th from 7:30-9:00 PM for anyone interested in additional rehearsal time. Singers are encouraged (but not required) to be vaccinated. Face masks will be optional for fully vaccinated singers, and required for those not vaccinated. Choir members will be socially distanced in the sanctuary.* Questions or more information: Elinor and Rick Gentilman, rgentilman1@aol.com, 978-852-6086
- 8/8** **Topic TBD**, TED Talk facilitated by Cindy Malley
- 8/15** “**Realistic Energy**” by David Butz, facilitated by Carolyn McCreary and David Butz
- 8/22** “**Your Brain Hallucinates Your Conscious Reality**”, TED Talk by Anil Seth, facilitated by Niela Miller
- 8/29** “**The 8th Principle**” by Paula Cole Jones, facilitated by Cindy Heiland (RJAC)
- 9/5** No Church (Sunday before Labor Day)

Mental Health Support Group—July 4 at 6PM

The topic of discussion is **Managing Symptoms of Illness**

This group is for people living with a mental illness and is open to members of the FCU community.

The Mental Health Support Group meets on the first and third Sunday at 6PM. For more information contact Patti Sardella at pjsardella56@gmail.com or (978) 621-1065.

Join Zoom Meeting:

<https://zoom.us/j/92630134283?pwd=c2ZMN1ZvUXFCMXlobktTS09yYlZLZz09>

Meeting ID: 926 3013 4283 | Passcode: 909027



Attention Campers

Our opportunity to reserve a campsite at Lake Dennison Recreation Area is fast approaching. As in past years, the annual FCU camping trip will be centered on the North side of the campground the weekend before Labor Day. This year, that means starting August 27, you can enjoy campfires, swimming, kayaking, biking, hiking, and especially hanging out with FCU friends in a beautiful outdoor setting. We usually share food as well as conversation. Make reservations now at reserveamerica.com. For more information please call Pam or Joel.



Jammin' in the Kitchen — we need your jars!



Jammin' in the Kitchen is back, busy cooking and capping every Tuesday. It almost feels like normal! One thing that isn't quite normal yet is jars. If you have empty jam jars, especially 4 and 8 ounce, we would love to fill them up again! There will be a marked bin in front of the church where you can leave them, or contact me at kersland1@gmail.com to make other arrangements. Thank you! Kris Erland for Jammin' in the Kitchen

The Seven Promises
OF UNITARIAN UNIVERSALISM

RED
Respect all beings.

ORANGE
Offer fair and kind treatment to all.

YELLOW
Yearn to accept and learn
about ourselves, others and mystery

GREEN
Grow by exploring
what is true and right in life

BLUE
Believe in our ideas
and act on them.

INDIGO
Insist on peaceful,
fair and free world for all.

VIOLET
Value our home, Earth,
that we share with all living things

Are you following us on Twitter? Please do...and start liking/sharing our posts!
<https://twitter.com/FCULittleton>

