



*Community Matters*

**First Church Unitarian, Littleton**

**November 8, 2020**

**Join us Sunday, November 8 at 10:00 for “Post Election Healing”!**

I'm very much looking forward to joining you again this Sunday for “Post Election Healing”. This week continues our journey with the November Soul Matters theme of healing. **We plan to use YouTube Live for our service.** You no longer need to wait for the Sunday morning email for the worship service link! Simply go to <http://youtube.com/FirstChurchUnitarianLittleton/live> and the live video will come up! If you have trouble with that, you can also go to <https://www.youtube.com/FirstChurchUnitarianLittleton/> and click on the video that says "live". (If YouTube Live isn't working, Plan B is that we will use Facebook Live and send out the new link on the listserve.) Usually the live video stream begins around 9:45, but there won't be much to see until 9:56 or so when the gathering video starts. This week's gathering video will feature more “way back” photos of longtime FCU members, do don't miss it! And you'll definitely want to stick around the whole way through to hear the Postlude by the **UU Ukes and friends.**

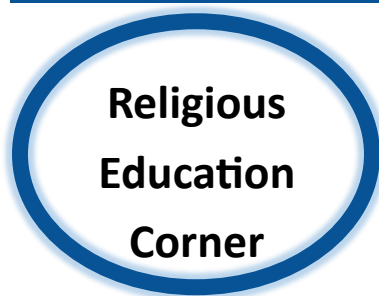
**There will again be a (Zoom) Joys and Concerns and Virtual Coffee Hour after the service** and that link information will also be included in the Sunday morning listserve email. Barring something unforeseen, the Joys and Concerns link will be the same each week:

[REDACTED]

[REDACTED]

You can also use the Meeting ID and Password if you try to “Join Meeting” in Zoom. I hope to "see" you then!

With love and anticipation,  
Rev. Lara



**November theme: Healing**

*When we are sad or feeling hurt, we can feel like life is just too hard. Our faith tells us that gratitude can help guide us back to believing that life is good and then we feel better. Gratitude can heal us!*

**November RE dates to remember:**

RE Prouty Woods HIKE up Wilderness Road - Saturday, November 14<sup>th</sup> 1 pm (rain date Nov 15<sup>th</sup>) Meet Emily in the FCU yard and let's take a walk together. Just for fun. Bring a snack if you want. RSVP to Emily

at [emilymwelch@gmail.com](mailto:emilymwelch@gmail.com)

Zoom Gathering: November 22, 8:45-9:40 am

Special guest: Lorinda Morimoto to show us how to sign The Spirit of Life!

We will enjoy a session learning how to use hand signs for one of our favorite hymns, The Spirit of Life. We will learn together about how we can share our gratitude for our family, friends and church.

Some people choose November as the month to remember what they're grateful for, not just on Thanksgiving but every day. Could you do that? Every day write down one thing that you're grateful for!

The RE Committee,

Susan, Debbie, Karen, Tatum, and Emily

“You know what the issue is with the world? Everyone wants a magical solution to their problem, and everyone refuses to believe in magic.” — Lewis Carroll, Alice in Wonderland

**We look forward to “seeing” you in church.  
First Church Unitarian is a wonderful community to be part of.**

## Jammin' In Our Kitchens

Thanks again for everyone who made our first ever virtual jam sale such a success! For those of you who may have missed it at the beginning of October, we still have some jam available. Here's a list of the varieties still in stock as of printing. The pepper jams are mostly 4oz, the rest are 8oz.

Cherry	Peach	Dilly Beans
Jalapeno	Spiced Peach	Strawberry Rhubarb
Hot, Hot, Hot Pepper		

Let us know if you are interested at [office@fculittle.org](mailto:office@fculittle.org)

## FCU Arts Workshop

The FCU Arts Workshop will meet again on ZOOM on Saturday, November 14 from 11am-1pm. We do a different activity each time, talk about our creative process, do show-and-tell. If you want to join, please let Niela know right away ([nielam@comcast.net](mailto:nielam@comcast.net) <<mailto:nielam@comcast.net>>) so she can send you the information you will need.

## Transform your Trash to Clean Water in Honduras

Lynn Cina recycles your five-cent deposit beverage containers into donations toward clean water in Honduras. Bring your rinsed beer bottles and cans to church and place them in bins on the far right entrance to the Sunday School building. **THANKS in ADVANCE.**

## Small Group Opportunity

Hello all! I (Patti Sardella) am offering a small group on Mental Health and Illness. More support than education but I'm sure we'll learn a lot along the way. If interested, please email or text me so I can get a sense of how many people are interested. Feel free to ask questions when you email or text. More information to come! Email: [pjsardella56@gmail.com](mailto:pjsardella56@gmail.com) Text: 978-621-1065 Thanks!

## INVITE INVITE INVITE

What a perfect time to invite your friends to experience our First Church Unitarian family. With so many of us already benefiting from our on line community, don't you think it would be helpful to your friends who are feeling isolated in these crazy times? Let's share this opportunity for people to benefit as we have. It is a real "no risk" chance to check us out. The You Tube connection is there for all to see.

Joel for Member/Reach

Submissions for Community Matters can be sent to [office@fculittle.org](mailto:office@fculittle.org)

Deadline is 10 a.m. Friday mornings.

**Sunday, November 8, 2020**  
**First Church Unitarian, Littleton**  
*Post Election Healing*

**ORDER OF SERVICE**

(Gathering Video, featuring “Peering” by Molly Lozeau, around 9:56)

**Community Matters** (Martha Childs, Standing Committee)

**Prelude** “Aurora Borealis” by Lynda Lybeck-Robinson (Molly Lozeau, Music Director)

**Call to Worship** words of Angela Herrera (Rev. Lara Hoke)

**Chalice Lighting and Covenant** (Riley Hammer)

**Words of Welcome** (Lara)

**Opening Hymn #318** “We Would Be One” (Molly)

**A Time for All Ages** “The Healing Cup: The Story of the Flaming Chalice” by Noreen Kimball, adapted (Melissa Barger Baern)

**Opportunity for Generosity—Receiving Our Offering** (Lara)

**Offertory** “Für Elise” by Ludwig van Beethoven (Molly)

**Sermon** “Post Election Healing” (Lara)

**Closing Hymn #95** “There Is More Love” (Molly)

**Closing Words** (Lara)

**Postlude** “Peace Train” by Cat Stevens/  
Yusuf Islam (UU Ukes and friends)

*Announcements/Joys & Concerns/Coffee  
Hour will follow on Zoom*

