



Community Matters

First Church Unitarian, Littleton

July 17, 2020

Upcoming Summer Services (Online/Zoom)

Join us for virtual worship services every Sunday this summer at 10:00 a.m.! The next few upcoming services are:

July 19, “Physics: The Tension between Being and Becoming,” with Doug Sweetser. Time for All Ages will be “The Stuff of Stars” by Marion Dane Bauer (Lynn Courtney) and music by Carolyn McCreary and others.

July 26, “Post George Floyd: The Rocky Path Forward,” with Susan Tordella-Williams, who will also lead the Time for All Ages. The music will be by Carolyn McCreary and Carole Tillis.

August 2, “Hope Leading to Action,” 17th Annual Joint UU Summer Service with Rev. Cindy Landrum (First Parish Church, Stow/Acton) preaching. (Link information for this service will come out later via the listserve.)

August 9, “Sunshine and Rain,” with Debbie Eston. The Time for All Ages will be led by Tatum Hammer, and the music by Eric and Laura Semple.

The next Community Matters will give details for the rest of August, including reflections by Niela Miller, Lezli Whitehouse, and the Lay Pastoral Ministers!

Barring something unexpected, the link information each Sunday will be the same (with the exception of the Joint Service on August 2):

(Redacted)

Meeting ID: 974 1729 4996

Password: [eruail Rev Lara]

TEDtalks for Summer

In recent years the Deacons have organized a Sunday morning summer TEDtalk program. Due to our current unique situation, Sundays at 10AM will remain as spiritual services throughout this summer. However, we've heard a few of you miss the TEDtalks. So, in order to help and provide another way you can connect with our FCU community, the Deacons will be organizing 4 TEDtalk viewing/discussion opportunities via Zoom. They will be held on Thursday, July 23rd, Thursday, August 6th, Thursday, August 20th, and Thursday, September 3rd from 7-8:30PM.

There are two open and available dates: August 6th and September 3rd. If you are interested in suggesting a TEDtalk and hosting the event, please email the Deacons at deacons@fculittle.org with your idea, a brief description and if you have a date preference. The Deacons will discuss and select two by July 25th.

We expect to return to regular TEDtalk summer programs at some point.

Please mark your calendars for this coming Thursday, July 23rd at 7PM for our first offering, hosted by Lynn Courtney.

Titus Kaphar: A Black artist confronts art history and contemporary issues.

Titus Kaphar is a contemporary Black artist whose work addresses the erasure of people of color - both as artists and subjects - in much of Western art, and whose own art presents the injustices Black men and women experience every day with poignancy and beauty. We'll watch two videos featuring Kaphar: "Can art amend history?" and "Can beauty open our hearts to difficult conversations?"

We look forward to “seeing” you in church.

First Church Unitarian is a wonderful community to be part of.

Lawn Signs

I've been so excited each time I see a BLACK LIVES MATTER sign wherever I drive. I want more of them around. So I'd like to offer to order and deliver to anyone who wants one a BLM sign. I'm hoping to order from a Black owned business. Cost will be \$25. Email me at Arayaf@aol.com or call 978-256-5626.

Araya Fast MSW, PhD

This article was submitted a week ago, please reach out to Cerridwen for more information.

Women's Suburban Nature Questing

Four Tuesdays, starting July 14, 4:00 - 5:30pm

First of Four Gatherings.

We'll be seeking healing, wholeness, beauty and wisdom in the nearby natural world. Join us online at the scheduled time to prepare for and later, report back on each Quest. Your Quest may take you to the nearby natural world of your own back yard or a park or conservation land near your home.

Come prepared to learn and practice new ways of engaging with your own energy and awareness for connecting with rocks, trees, birds, plants, animals, and whatever else manifests during each of your Quests. Our approach will draw on ancient and contemporary sources including: qigong, plant spirit medicine, folk traditions and InterPlay.

A Zoom link will be sent on the day of the event to those who RSVP in advance. We'll be meeting July 14, July 21, July 28 and August 4th.

For relevant reading on the topic see Pam Montgomery's book Plant Spirit Healing and books by Ted Andrews including Animal-Speak and Nature-Speak.

<https://www.meetup.com/energymedicinestudy/events/271803042/>

Cerridwen
energystudy@fculittle.org

Food is Love filling in for Neighborhood Supper

Neighborhood Supper stopped hosting dinners back in March. Since then, the Congregational Church's Food is Love program has been working to fill the gap left both from Neighborhood Supper and the temporary closing of Loaves and Fishes. A small crew of cooks, including some support from FCU, has been filling a large freezer. The demand has been so high that we're up to two nights of cooking each week. The freezer is located in the lobby to minimize contact, and the food is available for anyone.

Pick up hours are currently Tuesday through Thursday from 10:00-2:00, during office hours. Non-Congregational Church members are asked to ring the bell or call ahead. There are additional hours from 4:00-5:30 on Tuesday afternoons. The phone number for the Congregational Church of Littleton is 978-486-3245.

If you are interested in supporting Food is Love financially, contributions can be sent to the Congregational Church at 330 King St. Littleton, MA 01460. Gift cards for Market Basket are most appreciated and very convenient! If you are interested in joining the cooking crew, please contact Kris Erslund at kersland1@gmail.com.