



Sunday, March 29, 10:00 a.m.: Online-Only Worship, "Spirit in the Sky, Full of Ghosts"

Once again, we will attempt to use Youtube Live for our service. Because many places of worship are attempting online worship in these times, there can be Internet difficulties (as last Sunday). So as last Sunday, be prepared for a Plan B or Plan C! Plan A is, check the website: www.fculittle.org, or go to <https://www.youtube.com/revlaraohoke> and click on the video that says "live". If those don't work, we'll be using Zoom again and will put the link on the listserv as well as our Facebook group: <https://www.facebook.com/groups/389622298475784>.

This week, we will encourage everyone to light their own chalice (including a candle in a bowl) at home, so be ready!

The title for Rev. Lara's reflection this week comes from an episode of *Cosmos* from a few years ago. William Herschel, an astronomer born in 1738, was "the first person to understand that a telescope is a time machine". With a powerful telescope like Hubble, you can see not only incredibly far away, but also incredibly long ago; you can stand (or sit) on the earth and see an image from before the earth even existed! Even looking at the night sky with your naked eye, you can see celestial objects that might not exist anymore. Lara's reflection will consider some of the theological implications that come from the realities of looking up at "a sky full of ghosts".

Once again, there will be a Joys and Concerns and Virtual Coffee Hour after the service; Mike Pilman will be hosting a Zoom gathering for that, links to come. Hope to "see" you then!

Religious Education activities for all

The story this week is "Solomon's Ring" and the activities below are related to that theme. I hope you will join the worship service this Sunday.

Make a ring or bracelet

1. cut a length of duct/masking/etc. tape to go around your finger/wrist with an inch +/- overlap
2. fold tape so sticky sides are together
3. write the words "This Too Shall Pass" or the initials "TTSP" on the tape (permanent marker works best)
4. adjust size and using small piece of tape, stick ends together and slip on

Have a spring scavenger hunt: look for things outside that are transient, decaying, newly growing/appearing, etc. such as fall leaves, crocus, buds on trees, spring birds, old toys left in the snow...Pick up litter and other items to use in next activity.

Make labyrinths/spirals on driveway or other hard surface using sand, leaves, other small natural debris found on scavenger hunt. Allow it blow away over time.

COAP (Caring for Our Aging Parents) will meet on Zoom in April

Please join us online so we can continue to support each other.

Topic: COAP meeting (online only)
Time: Apr 6, 2020 07:00 PM Eastern Time (US and Canada)

Join Zoom Meeting link:
<https://zoom.us/j/551856343>

Call in (no visuals):
dial +1 253 215 8782 US
(Meeting ID: 551 856 343)

**We look forward to seeing you in church again soon.
First Church Unitarian is a wonderful community to be part of.**

Face Mask Sewing Project

By Friday, 3/27, I'll have enough elastic for 400 masks. Please contact me if you want to join our mask team of me, Lynn Cina and Carol Tillis, or simply need some elastic. They are made of layers of simple 100 percent cotton. Susan.tordella@gmail.com, 978 846 2811.

FCU Listserv-Discussion

Our Discussion Listserv is a separate list for back-and-forth discussion, giving members who want a limited volume of mail the option to stay on only the main list rather than unsubscribing, while others who want longer discussions can participate in both lists. Now is a great time to consider joining this list. There are some great discussions going on right now about our favorite movies and books.

The FCU-Discussion list's subscription page is <https://pairlist9.pair.net/mailman/listinfo/fcu-discussion>.

Racial Justice Action Group

This week RJAC is recommending a 36 minute YouTube documentary by The Mechanical Eye called **The Other Race**. Multi-racial folks share their growing up stories and experiences, and share how they self identify...a perspective that we don't often hear about.

Loaves & Fishes

Thanks to the generosity in our community, I delivered 124 pounds of food, diapers and cleaning supplies to Loaves and Fishes. I'll continue to make deliveries, so drop off donations, in sturdy bags or boxes, in the vestry or to my home, 5 Hedgeway St, Ayer. Volunteers are staffing the facility, at their own risk, and clients are driving up.

Thanks, Susan Tordella

Most Needed Items

Ensure
Carnation Instant Breakfast
Hamburger Helpers
Salad Dressings
Rice-a-Roni/Boxed Flavored Rice
Grape or Strawberry Jelly
Ketchup and Mayo
Canned Fruit especially Applesauce
Baked Beans/Kidney Beans
Canned Tomato Products
Pasta Sauce
Canned Peas/Corn
Hearty Beef Soup
Cream of Mushroom/Chicken Soup
Clam Chowder

Chocolate Cake Mix
Pancake Mix and Syrup
Soap/Body Wash
Shampoo
Reusable Grocery Bags
Canned Chili/Refried Beans
Beef or Oriental Flavored Ramen
Mac and Cheese
Canned Pasta/Ravioli
Coffee/Tea
Women's Incontinent Products
Baby Formula
Feminine Care Products
Depends- large and X-large
Diapers – Pull Ups size 5T and larger
Poise Pads

FCU Connections

Community Matters is opening up to your personal messages to our community. One more way for us to stay connected. Please send your message to office@fculittle.org by Friday morning at 10am. Community Matters will be sent via the listserv Friday afternoon.

Lyrics that caught my ear while Peter was practicing his ukulele. "To everything - turn, turn, turn/There is a season - turn, turn, turn/And a time to every purpose under heaven/.../A time you may embrace/A time to refrain from embracing" Kris Ersland