



Community Matters

First Church Unitarian, Littleton

November 17, 2019

This Sunday, November 17, at 10:00 a.m.

“The Question Box” (Also known as “Ask the Minister”)!

Many Unitarian Universalist congregations have the tradition of setting aside one Sunday a year as the “Question Box” service. Rev. Lara Hoke will give it a shot! In place of a sermon, Lara will answer questions submitted by the congregation – as many as can be answered in about 20 minutes. You might recall that we ran out of time for this in June, so Lara will look at your questions this Sunday. (She still hasn’t seen them — they have been in the safe hands of the deacons.) If you didn’t write down a question last June, you will have a chance, during the service, to write down your question on a card. The cards will be collected during the offering, and the deacons will attempt to sort them by topic. The questions can be about religion, Unitarian Universalism, theology, social justice, or anything related to ministry or congregational life, and Lara will do her best to answer. The question can be something whimsically off-topic, too, if you like! Your questions will be kept anonymous.

Religious Education for Children and Youth: KidSpace

This Sunday, November 17 - Gratitude comes from paying attention. We will create thank you cards for those we appreciate, some Thanksgiving GORP to share, and play the peanut butter and jelly game.

Next Sunday, November 24 – “Giving Thanks” Thanksgiving Whole Congregation Service: We will join together in our traditional Corn Bread and Cider Communion, share an activity, hear a homily from Rev. Lara and begin our Guest At Your Table program. Please bring non-perishable items for Loaves and Fishes.

Our Sunday Social Thanksgiving “feast” will be in the downstairs dining room following the Worship Service. Please bring Thanksgiving “pre-leftovers” - food for which you are thankful to share. **Sponsored by the Worship Associates and Hospitality.**

Environmental Action Group

Tuesday, November 19, 7:00 p.m.

Please join us in the Alliance Room. David Butz will speak on his research into energy alternatives, including nuclear power, that promise the greatest effectiveness in fighting climate change. Discussion, sharing of progress on actions that group members are already taking, and plans for future actions will follow. We will use the Climate Resistance Handbook as a guide. Email eag@fcutlitle.org for more information.

Thanksgiving Interfaith Service

Sunday, November 24, 7:00 p.m.

Hosted by First Church Unitarian, Littleton

Join us as we give thanks with grateful hearts and show gratitude for our community. Please, bring non-perishable food items to donate to Loaves and Fishes.

UU UKES, Every Sunday at 11:45 a.m.

The **UU Ukes** hold their weekly practice in the downstairs dining room after church. Everyone is welcome to hang out and listen, sing or perhaps both. Having an audience during practice increases the fun.

**We hope to see you in church on Sunday morning.
First Church Unitarian is a wonderful place to be.**

Energy Medicine Study Group Tonight, Thursday, November 14 7:00 p.m. in the Vestry

Our primary focus will be identifying priorities and pathways for healing, personal growth and transformation through our connection with our own Deep Wisdom and asking good questions. Our explorations are likely to take us into the realm of beliefs and basic energy clearing. We may also find ourselves stepping onto timelines to gain perspective, identify and clear obstacles and draw in needed resources.

Newcomers welcome. Come learn some powerful and highly transferable skills while building community with other seekers. For more information contact Cerridwen at energystudy@fculittle.org

In preparation, you may want to read up:

<http://www.aligningenergies.com/articles/InnerGuidanceSteps.pdf>

<http://www.aligningenergies.com/articles/ObstaclesToInnerGuidance.pdf>



Hearing a true story in a live performance is fun, moving and transformative. Storytelling is coordinated by Fugitive Productions, based in Acton. Fugitive Stories presents “Moth-inspired True Stories Told Live“ — non-competitive storytelling events in Acton, Concord, and Arlington. They bring featured storytellers—Moth and Massmouth winners—to tell a true tale alongside community members who may never have shared a story onstage. Tickets are \$20

at <https://asylum-support.bpt.me> or at the door. The money raised from this event will be spent on housing, transportation, food, medical care, legal aid and bond to release asylum seekers from ICE detention, with a focus on supporting women and children fleeing violence from Central America.

Doors open at 6:30 PM. Appropriate for ages 14+. Desserts, snacks, wine, and beer will be available for sale.

For more information email aylumsupport@fpc-stow-acton.org.

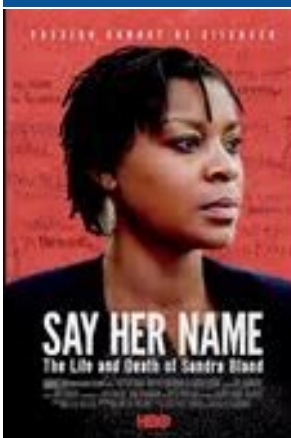
Women’s InterPlay Saturday, November 23, 3:00 p.m.

InterPlay is a way to refresh the soul, gain inspiration, express yourself and make connections with movement, voice, stillness and story making.

We play with the wisdom of the body through centering, sounding, moving, shaping, listening, speaking, showing, witnessing, leading, following, hand dancing, face dancing, babbling, talking in made up languages, and jamming with voices, rhythms and stories.

InterPlay is a philosophy and a practice for health and happiness, plus a FABULOUS way to make new friends and connect in new ways with those you already know.

For more information contact Cerridwen at energystudy@fculittle.org



FCU Racial Justice Action Committee Film and Discussion Series *SAY HER NAME*

The Life and Death of Sandra Bland Saturday, November 30, 7:00 p.m.

In 2015, civil rights activist Sandra Bland's death while in the custody of Texas police was ruled a suicide. But the many unanswered questions about her demise led to a \$1.9 million civil judgment against the police, as detailed in this documentary.

This free film series explores the lives and experiences of the “other” and expands our awareness of our neighbors as well as often marginalized individuals and groups.

Please join us for a lively discussion. All are welcome.

Sponsored by First Church Unitarian, Littleton — www.fculittle.org