



*Community Matters*

**First Church Unitarian, Littleton**

**November 3, 2019**



**This Sunday, November 3, at 10:00 a.m.**  
**“Daydreaming about God”**

Please join us as Rev. Lara Hoke makes a response to the previous week's sermon ("God Is Not God's Name") by Rev. Steve Edington. Some Unitarian Universalists are agnostics, some are atheists, some believe in “God,” but just what does that mean? Do you have (what some have called) “a God concept?” Rev. Lara will share her own ways of thinking about God, or "God."

**Religious Education for Children and Youth: KidSpace**

**This Sunday, November 3** - Paying attention. We'll make glitter mindfulness jars -watching the glitter settle is a way of maintaining mindfulness and paying attention to being centered. We'll also play "Wave Stretching" where we have to pay attention. Helper: Jennifer Banks.

**Next Sunday, November 10** – We'll continue work on our window mural project, make Guest At Your Table boxes and play some games. Helper: Martha Childs

**Join us for a delicious Pancake Breakfast this Sunday, November 3, at 8:30 a.m.**

We will have pancakes (with and w/out gluten), scrambled eggs, sausage and coffee. Prices are \$8.00 for adults and \$5.00 for children age 14 and younger. Orange juice and real maple syrup will be available for \$1.00 extra, each. Come for the fellowship and share a great breakfast prepared by our **Senior Youth Group**. **The SYG is raising funds for an international service project next Spring. More information to come.**



**Embracing Social Justice**

**This Sunday, November 3, 6:00 p.m.**

We will be showing the video, "Microaggressions in the Classroom." Microaggressions diminish all students and professors in the classroom and in the world. You will learn the 3 types of microaggressions and how to change them. Visit this link for more information: [uuare.org/microaggressions](http://uuare.org/microaggressions)

**Caring for Our Aging Parents/Partners (COAP)**

7:00 p.m., first Monday of every month (November 4)

[coap@fculittle.org](mailto:coap@fculittle.org)

**We hope to see you in church on Sunday morning.**  
**First Church Unitarian is a wonderful place to be.**

## Thanksgiving Sacred Circle Dance

Friday, November 8, 7:00 to 9:00 p.m., more challenging dances at 6:00 p.m.

For the season of Thanksgiving we circle around with dances of gratitude and joy. Concerns for the world's problems move us into service and action but our spirits still NEED THE DANCE! No experience needed, all dances are taught, bring yourself and a newcomer this time. Don't forget your water bottle and bring a thought of thanksgiving to share. For more information: [Circle@fculittle.org](mailto:Circle@fculittle.org)

## Women's Alliance Presentation — What Can One Person Do About Climate Change? Saturday, November 9, 1:00 p.m.

Guest Speakers, Rick Lent and Sharon Brownfield, Elders Climate Action of First Parish Stow and Acton Join us for a discussion about our current understanding of climate change and steps we can take to avoid some of the worst predictions for global warming. The climate is one legacy we all leave to our children and grandchildren.

## Share the Plate - November 10, 2019

Our Share-the-Plate recipient for November is **Habitat for Humanity of North Central Massachusetts**. Habitat for Humanity of North Central Massachusetts serves Littleton and 24 surrounding communities, working with prospective homeowners and community volunteers to build hope, community and affordable homes. Checks may be made payable to Habitat-NCM, or visit <http://ncmhabitat.org> to donate online.



FCU has long been a strong supporter of the **Loaves and Fishes** food pantry in Devens. The pantry provides food and

household necessities to any residents of Ayer, Devens, Groton, Harvard, Littleton and Shirley who are in need of help. Here's a list of the pantry's most needed items:

### Shelf Stable Foods

Donations must be in their original packaging, labeled, unopened and not be compromised in any way. Canned vegetables, fruits, gravy, soups, etc. Rice, hot and cold cereals, hamburger helpers, etc.

### Household Products

Toilet paper, paper towels, tissues, napkins, laundry detergent, dish soap, cleansers, storage bags, etc.

### Personal Care Products

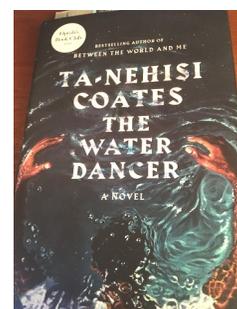
Soap, shampoo, conditioner, toothbrushes, toothpaste, feminine care products, diapers, bladder control products, etc.

Let's commit to bringing at least one full grocery bag, once a month, to the church. This will keep our bins filled and help with keeping the pantry full. Bins are in the Vestry and the Vestibule.

## Recommended reading from the Racial Justice Action Committee

### *The Water Dancer* - A novel by Ta-Nehisi Coates

This "is a propulsive, transcendent work that restores the humanity of those from whom everything was stolen." A powerful book. Sometimes hard to take in because of the reality it depicts -- but an important experience.



## FCU Prison Ministry Team invites new volunteers

If you're looking for a way to offer a hand up, connect with people outside of your race and class and make a difference, you are invited to join **FCU's Prison Toastmasters Ministry Team**. We need volunteers Monday to Thursday nights, in Shirley and Gardner [only 30 minutes away from Littleton], with start times of either 6:00, 6:30 or 6:45 pm. People new to Toastmasters are welcome. The most important thing is that you will show up at least twice a month, participate and learn the program as you go and care about the incarcerated people in our programs. The best way to find out if prison volunteering is for you is to visit once.

For information, visit <https://d31toastmastersprisonvolunteers.wordpress.com/>, speak to our volunteers at Coffee Hour- Peter and Lynn Cina, Mark Bucceri, Susan Tordella and Cindy Heiland, or send an email to [prisonministry@fculittle.org](mailto:prisonministry@fculittle.org)