

**REDUCE -REUSE -RECYCLE**

- I participate in my town's curbside or transfer station recycling program.
- I minimize my consumption of paper products (for example-electronic billing, discontinuing catalogs, using public library or internet instead of buying books, magazines, newspapers.)
- I use a reusable water bottle and/or coffee mug instead of "disposables."
- I recycle clothes, books and household goods.
- I have reduced my consumption of consumer goods in general.

**GROCERY SHOPPING**

- I use reusable shopping bags.
- I buy recycled products (toilet paper, paper towels, copy paper...)
- I buy organic food.
- I buy locally grown food.
- I use biodegradable, non-toxic cleaning products.
- I avoid purchasing products with unnecessary packaging.

**ELECTRICITY AT HOME**

- I got an energy audit for my home/apartment from my power company.
- I have developed and begun a plan for reducing energy use at home.
- I replace burned out incandescent light bulbs with compact fluorescents or LED light bulbs.
- I minimize the use of AC in summer and heat in winter.
- I minimize the use of hot water for laundry, showers and other purposes.
- I turn off lights and appliances whenever I'm not using them.

**TRANSPORTATION**

- I plan ahead to make fewer and shorter car trips.
- I walk, bike, take public transportation or carpool frequently instead of driving my car alone.
- I drive a fuel-efficient car.
- I've changed the way I drive to improve mileage (not idling, 55 mph maximum speed, less abrupt braking & accelerating.)
- I don't own a car (three points!).

**GREEN CITIZENSHIP**

- I have written/e-mailed/called my local/state/federal officials about environmental issues (points for each.)
- I support environmental organizations financially (points for each)
- I actively participate in projects to protect the environment (points for each).
- I've advocated for green business practices with companies where I do business (points for each).
- I've spoken with people at my work to advocate green business practices (points for each).

**IF YOU CAN, WHEN YOU CAN**

- I've reduced my carbon footprint by buying/renting a smaller home.
- When I have needed to replace appliances, I chose one's with a high Energy Star rating.
- I have a green lawn (no chemical herbicides, pesticides, or fertilizers.)
- I hang laundry outside instead of using the dryer.
- I have solar hot water/electric panels on my roof.
- I have installed low flush toilets.
- I grow my own organic food.
- I compost my food and yard waste.
- I use water barrels for my lawn and gardens.
- I invest in funds with environmental screens.

**ANYTHING ELSE**

- Points for anything else you do to reduce consumption of resources and keep toxins out of the environment.

Name \_\_\_\_\_ Email or phone # \_\_\_\_\_

Town \_\_\_\_\_ interested in future events \_\_\_\_\_ yes \_\_\_\_\_ no



ERROR: syntaxerror  
OFFENDING COMMAND: --nostringval--

STACK:

/Title  
( )  
/Subject  
(D:20080928153953-04'00')  
/ModDate  
( )  
/Keywords  
(PDFCreator Version 0.9.5)  
/Creator  
(D:20080928153953-04'00')  
/CreationDate  
(lgloyd)  
/Author  
-mark-